

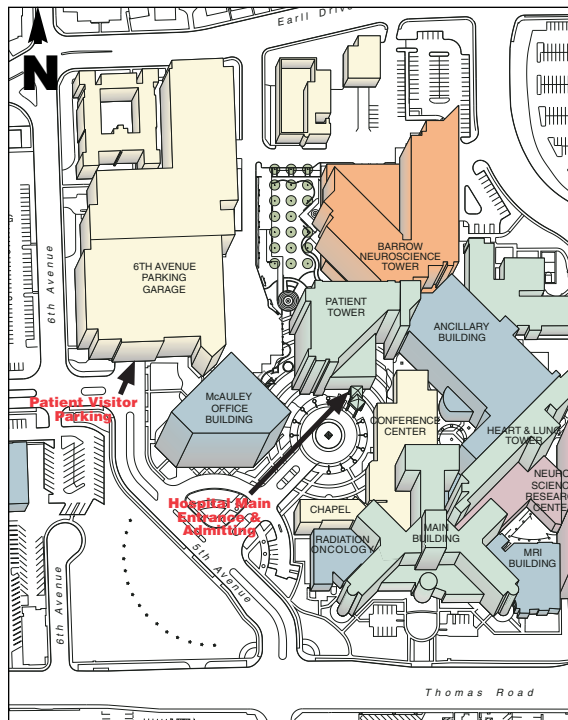


the Pre-Operative Center. Family members will be directed to the appropriate waiting room when you leave for your procedure/surgery. One member of your family will be assigned a pager when they check in with the waiting room receptionist.

What can I expect on the day of discharge?

Preparing for discharge prior to hospitalization will assist you for a safe and timely discharge from the hospital. It is important that you plan for your transportation prior to your surgical procedure. Same-day procedures will need to have a ride available for discharge from the hospital. Hospitalized patients should plan for transportation to arrive no later than 11 a.m. on the date of discharge. We recommend that you have someone available to help you at home for the first 24 hours or longer as appropriate. Your discharge instructions will be given to you verbally by your physician and provided in written form by your nurse. Appropriate prescriptions will be written for you by your physician and can be filled at your pharmacy

of choice. If you anticipate that you will need additional help with your discharge needs, please ask your nurse to contact someone from the Case Management Department to come and assist you.



**St. Joseph's Hospital
and Medical Center**

A member of CHW

350 W. Thomas Rd.
Phoenix, AZ 85013

IT'S ABOUT LIFE.



Pre-Operative Center Patient Guide



**St. Joseph's Hospital
and Medical Center**

A member of CHW

Pre-Operative Center Patient Guide

The purpose of the Pre-Operative Center guide is to prepare you for your hospital procedure and admission. Included in the guide is information to assist you in making your hospital experience as positive and comfortable as possible. If you have other questions or concerns please call the Pre-Operative Center at 602-406-3967.

Hours of Operations:

5 a.m. to 8 p.m. Monday through Friday

6 a.m. to 2 p.m. on Saturday

Closed Sunday and holidays

Contact Information:

Monday through Friday 8 a.m. to 5 p.m.

Order Nurse 602-406-3967

Pre-Admission scheduling
602-406-6788

Pre-Admission registration/insurance
information 1-800-643-1219

Pre-Operative Admission Testing Services

The Pre-Operative testing provides the opportunity for a pre-hospital work-up to be completed at your physician's request. This workup may include blood work, a urinalysis, EKG (electrocardiogram), X-rays and other radiological tests as ordered by your physician to be completed prior to your scheduled procedure or surgery.



Preparing for your hospital visit — frequently asked questions.

May I eat or drink?

Do not eat or drink after midnight of the day of the hospital procedure, unless your physician tells you to do so. This also includes no candy, mints or chewing gum.

Should I shower or bathe?

It is recommended that you shower from the neck down 2 days before surgery, the day before surgery and the morning of surgery (for a total of 3 days of showering) with a liquid soap called chlorhexidine. This is a long-acting antimicrobial soap that you can purchase at your local drug store. Use regular shampoo and face wash the night before and morning of surgery. Please do not use lotions, creams, perfumes or gels on your hair or skin the day of surgery.

Can I Shave?

Do not shave surgical area 24 hours prior to surgery.

What should I bring?

Please bring a list of your current medications, including the dose and how often you take them. Please leave ALL valuables at home i.e. jewelry, credit cards, large sums of money, etc.

Please bring a photo ID, such as your driver's license. You will also need to bring your insurance card and any co pay.

If you have completed Medical Power of Attorney paperwork and/or Advanced Directive forms please bring a copy for your chart.

Where do I park?

The day you come to the hospital, park in the 6th Avenue garage (see map). Parking is free for the first 90 minutes then it is a flat fee of \$3.

Where do I check-in?

You should check in at the Admitting Department located east of the parking garage inside the main entrance of the hospital. You will be given directions to the Pre-Operative Center once you are registered in Admitting. The nurses in the center will prepare you for your procedure and answer any additional questions you may have.

Visitors:

Your family members may stay with you in the Pre-Operative Center; due to space and privacy we ask that visitors be limited to two at the bedside.

The Surgical Waiting room is located close to